## **CHEF: Starter Edition**

March 1st 5-9pm @ Eastern HS Grades 3<sup>rd</sup>-5<sup>th</sup> or no kitchen experience

## <u> CHEF: Day Camp</u>

## March 2<sup>nd</sup> 8am-5pm @ Eastern HS Grades 6<sup>th</sup> and Up

CHEF and CHEF: Starter Edition are a fun one-of-a-kind 4-H youth Food and Nutrition Clinic where you will learn about healthy eating using MyPlate, food safety, 4-H Foods project offerings and their requirements, meal planning and have a hands-on cooking experience.

CHEF: Starter Edition is new for 2019 and geared toward our younger cooks and those with limited to no kitchen experience. Our full day CHEF experience includes a field trip to a grocery store and advanced cooking skills.

Presented by: Christy Clary, 4-H Educator & Christi A-Rockey, 4-H Volunteer

CHEF: Starter Edition -- FREE for Brown County: \$5 out of county

CHEF: Day Camp -- \$5 (all)

Registration Extended to: Feb. 26<sup>th</sup> or until full! (whichever happens first)

**Call 937-378-6716 for questions** 

45121) by February 22 <sup>nd</sup> – Sp Make checks payable to: OS		; St., Blug. B, Georgetown, On
Event Registering for (check one): CHEF: Starter Edition (free)		CHEF:Day Camp (\$5)
Participant Name:		
Address:		
Phone Number:		
Age as of Jan. 1, 2019:	Grade in School:	County:
Email Address: (please enter an email address you	check often. Any correspondence wil	l be sent via email)
Have you ever taken a foods pro	ject before? yes	no If yes, how many years?
4-H Club		



## THE OHIO STATE UNIVERSITY

COLLEGE OF FOOD, AGRICULTURAL, AND ENVIRONMENTAL SCIENCES



OSU Extension Brown County brown.osu.edu 937-378-6726