June 11, 2021

TO: Clothing and Food & Nutrition Members
FROM: Christy D. Clary, Extension Educator, 4-H Youth Development

PLEASE SHARE THIS LETTER WITH A PARENT OR GUARDIAN

MAJOR CHANGE FOR 2021 – Clothing and Food & Nutrition projects will be judged for Brown County 4-H project completion and Junior Fair Awards during September pre-fair project judging which will occur on Saturday, September 11th.

Youth who are wishing to qualify for Ohio State Fair project judging will need to attend the Ohio State Fair qualifying judging on July 14th. Then will come back to judging on September 11th for county placing.

Both July and September project judging will use scheduled appointments for interviews. A link will be sent to all members in advance to select your time slot.

This is for all those enrolled in:

- Clothing & Textile Science - Projects #406 – 432M
- Food & Nutrition - Projects #459 - 487

If you have any questions about your project and what you should bring to judging, check the enclosed projects requirements. If you have other questions or do not see your project listed, please call the Extension Office. If you are not judged on September 11th, you are not eligible for awards or trophies. Check with your advisor regarding make-up judging if you find it necessary to miss judging on the 11th. Deadline for advisor grades is September 15th.

If you decide NOT to complete a project that you have signed up for, please call the Extension office and let us know if possible. This will help us better plan for judging.

ALL PROJECT MEMBERS SHOULD BRING THEIR COMPLETED PROJECT BOOKS TO JUDGING.
Clothing Project Members

Bring to judging
1. Completed Project and Clothing item(s)
2. Two 3” x 3” swatches of your garment fabric
3. Pattern

Clothing projects will be modeled for judging. You will be judged on the “Total Look”. You will need to put together a complete outfit with appropriate accessories. (Need not be new)

SEWING SKILLATHON – September 11, 2021 (during county judging)
1. Junior 9-12
2. Intermediate 13-15
3. Senior 16-19

The 4-H Fashion Show Commentary Sheet will be given to exhibitors at the fair check-in (Sunday, September 26, 2021, 1:00 p.m. – 6:00 p.m.)

The Style Show will be conducted at the Brown County Fair on Friday, October 1, at 10:00 a.m.

Contact Amanda Powell at 513-309-3818 if you need help with a sewing skill, completing your clothing project book, etc.

Foods Project Members

REQUIREMENT CHANGE – A prepared food is no longer required. Please DO NOT bring a prepared food dish.

All foods project members should be familiar with the information in their books and be able to answer questions about the project. Menus should be planned using ‘My Plate’ information.

Resources: Menu Planning and Table Setting information sheets, My Plate information sheet.

Members should know the following:

**Beginner** – five food groups and the amount of each food group needed.
**Intermediate** – know five food groups, amount of foods needed and know the key nutrients that each food group provides such as Vit. C, Vit. A, Calcium, Carbohydrates and Protein.
**Advanced** – all the above information, function of nutrients in the body, and calorie needs for their age group. (If you need additional study information, go to [http://www.choosemyplate.gov](http://www.choosemyplate.gov).)
Bring to judging:

1. Appropriate table setting for meal listed on your menu. (September judging only; not required for OSF judging).
2. Menu for a day – breakfast, lunch, dinner and nutritional snack (September judging only; not required for OSF judging).
3. Completed project book according to project guidelines in your book. (Required for BOTH July/September).
4. Project Portfolio - The “Presentation Project” (Portfolio) is a project specific to the participant’s book. The participant will be responsible for bringing a 3 pronged folder that includes 8 ½” x 11” pages. The participants will create a maximum of one page (one-sided only) per “activity area” or “interest area” as designated in the front of their project books. These pages could be in collage, journaling, timeline, photo, or any other format that would illustrate the work and knowledge of the participant. Each page could be different or could be a combination of styles allowing the 4-Her to reflect on their learning experience. **There will be no points for scrapbooking style.** (Required for BOTH July/September).

State Fair winners will be notified by mail as to when they will compete at State Fair.

**Communication Contest**
The county Communication Contest to qualify for the State Fair Communications Contest will be held July 14th as part of judging. Demonstrations can be 6 - 12 minutes in length, depending on your age, on a topic of your choice. To participate, you will also schedule an appointment when you register for your project appointments. Youth may also enter items into the marketing division, which can be dropped off to the Extension Office by 3:00pm on July 14th. To see all of the guidelines and requirements visit: [https://ohio4h.org/sites/ohio4h/files/imce/Families/state_fair/Communication%20Days%20C.pdf](https://ohio4h.org/sites/ohio4h/files/imce/Families/state_fair/Communication%20Days%20C.pdf)

**Workforce Prep Contest**
Interested in winning $250 at the state fair? Taking a leadership project or serving on Junior Fairboard, Junior Leaders, CARTEENS or as a Camp Counselor? Consider entering in the State Fair Workforce Prep Day contest. The top award in each age group wins $250 cash. This year you will register online directly for the Ohio State Fair Workforce Prep Day. See the information on the contest at: [https://ohio4h.org/sites/ohio4h/files/imce/Families/state_fair/workforce%20preparation%20c_0.pdf](https://ohio4h.org/sites/ohio4h/files/imce/Families/state_fair/workforce%20preparation%20c_0.pdf) and register by July 19th at: [https://osu.az1.qualtrics.com/jfe/form/SV_9oCm8RfI2sLW8Z0](https://osu.az1.qualtrics.com/jfe/form/SV_9oCm8RfI2sLW8Z0)

c: Head Advisors
Amanda Powell,
Christi Rockey