

Lessons Learned from Flowers

In a recent post on Facebook, the Greater Montgomery County Master Gardener Volunteers shared the lessons we can learn from flowers that included:

1. Follow the sunlight. Do what makes you feel happy and warm.
2. Take your time. Bloom when you are ready, no need to rush.
3. Be yourself. Whenever you are, bring your own spring with you.
4. Make friends. Surround yourself with those who care and support you.
5. Smile bright. Spread your colors into the world.
6. Stand tall. Be proud of everything you do and achieve.
7. Stay grounded. Keep yourself connected – water your roots often.
8. Have faith. Know that the sun always emerges from the clouds.
9. Don't mind the bees. Even the bees are your friends. Do your thing, and let busybodies play their part. And lastly,
10. Feel the rain. Open your pores and drink in every season.



What have you learned from the flowers?

As I write this article today, I am thinking more about the garden and what it does for me. Another quote that I found says, “Gardening – it grounds us. It gets us out of our busy heads and back into our bodies. Alone there on our knees, we can breathe. With our nurturing hands duly occupied, while gardening we allow ourselves the time and space to truly feel – peace, pride, satisfaction, and joy.”

For the past several years I had a companion in the garden. Mr. Tigger (the cat) stopped by our farm one day and never left. He would sit on the edge of my raised beds and meow at me (insisting that he get petted). He would lounge in the shade of the tall Norway Spruce when he got hot but would always follow me to the next project. A few days ago, he fell ill, and after a quick trip to the Vet’s office we learned that he was not going to recover. I didn’t want my garden buddy to suffer, so we chose to put him to sleep. We brought him home and buried him close to the garden so he will always be with me through the seasons. I have sweet memories of Mr. Tigger and will think of him often when I am in the garden. Do you have a four-legged garden companion? Cherish the time that you have with them and take time to sit down and pet them!